

A Barnardo's SEL story



Check out our SEL story 'Daphne Stays at Home'. Has Daphne made an OK choice? We think so!



Daphne needs to stay at home so she is safe.
Daphne feels sad.

Daphne misses her friends Twiggle, Duke and
Henrietta. She also misses her teacher Miss
Cathy.



Twiggle has to stay at home too. Twiggle feels sad. Twiggle calls Daphne for a chat.

Daphne is happy to talk to Twiggle.

Twiggle tells Daphne some things she could do to feel better.





Twiggle says she could
read a book.



Twiggle says she could
play in the garden.



Twiggle says she could
play a game with her
family.



Twiggle says she could
colour a picture.



Twiggie says she could
bake cookies.



Twiggie says she could
eat them too!



Twiggle says she could call Duke and Henrietta. Twiggle says she could tell them a joke or give them a compliment.





Daphne tries some of Twiggle's ideas. Daphne feels happy.

Daphne stays safe at home and still has fun.

Can you think of anything else Daphne could do to stay safe at home and have fun?