

Physical Education Year 1 and 2 Curriculum Plan

| Study / Themes | | |
|---|---|---|
| Autumn | Spring | Summer |
| Games: Ball skills in basic games situations Gymnastics: Movement and Equipment Curling | Games: Fundamental Movement and Ball Skills Dance Fencing | Games: Fundamental Bat and Ball Skills Athletics |

| Physical Education Expectations KS1 | Year 1 | | | Year 2 | | |
|---|--------|--------|--------|--------|--------|--------|
| | Autumn | Spring | Summer | Autumn | Spring | Summer |
| master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| participate in team games, developing simple tactics for attacking and defending | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| perform dances using simple movement patterns. | | ✓ | | | ✓ | |
| Personal development | | | | | | |
| To try new things | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| To work hard | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| To concentrate | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| To not give up | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| To understand others | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| To imagine | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| To push oneself | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| To improve | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |