

	Autumn	Spring	Summer
EYFS	Playground Activities Climbing frame games <ul style="list-style-type: none"> balancing and moving & co-ordination Balanceability Gymnastics: Movement and Equipment Curling	Dance Playground Activities <ul style="list-style-type: none"> Target throwing, hoop, balance, rolling ball 	Fine Motor Skills <ul style="list-style-type: none"> Hand-eye Co-ordination Bat and ball skills Passing to a team member Athletics <ul style="list-style-type: none"> Throwing catching, jumping, running (sprints/longer distances)
Refer to skills on Physical Development: Moving and Handling(30 – 50 months / 40 -60+ months)			
Year 1	Games: <ul style="list-style-type: none"> Ball skills in basic games situations (Football skills) Gymnastics - Movement and Equipment Curling	Games - Fundamental Movement and Ball Skills <ul style="list-style-type: none"> Throwing, catching and moving Dance Fencing	Games - Fundamental Bat and Ball Skills <ul style="list-style-type: none"> Throwing, catching and fielding Racquet skills (Tennis & Cricket) Athletics Throwing catching, jumping, running (sprints/longer distances)
Year 2	Games: Ball skills in basic games situations <ul style="list-style-type: none"> Mini Games: Football, Basketball, Netball Gymnastics: Movement and Equipment Curling	Games: Fundamental Movement and Ball Skills <ul style="list-style-type: none"> Throwing, catching and moving Rules and Teamwork Dance Tag games with/out ball Fencing	Games: Fundamental Bat and Ball Skills <ul style="list-style-type: none"> Throwing, catching and fielding Racquet skills (Tennis & Cricket) Athletics <ul style="list-style-type: none"> Throwing catching, jumping, running (sprints/longer distances)
Year 1 to Year 2 progression – development of skills, learning accuracy and control, team work, and begin to consider rules of the games			
EYFS – Yr2 will have the opportunities to take part in: <ul style="list-style-type: none"> Inter-house sports competitions such as; curling, dance, cross country, tennis and athletics Strictly Come Dancing Sports Day 			

	Autumn	Spring	Summer
Year 3	Games - Ball skills in basic games situations •Invasion Games: Football, Basketball, Netball Gymnastics: Movement and Equipment Curling	Dance Games - Fundamental Movement and Ball Skills •Tag games with/out ball •Rules and Teamwork Fencing	Games - Fundamental Bat and Ball Skills •Throwing, catching and fielding •Racquet skills Cricket, Rounders, Tennis Lacrosse Athletics: •Throwing catching, jumping, running (sprints/longer distances) Orienteering
Year 4	Games - Ball skills in games situations • Invasion Games - Football, Basketball, Netball Personal Fitness/Circuits Cross-Country Gymnastics Movement and equipment Curling Swimming	Dance Games - Fundamental Movement and Ball Skills •Tag games with/out ball •Rules and Teamwork Fencing	Games: Fundamental Bat and Ball Skills •Throwing, catching and fielding •Racquet skills Cricket, Rounders, Tennis Athletics: •Throwing catching, jumping, running (sprints/longer distances) Golf Orienteering

Lower Key Stage 2 will have the opportunity to take part in:

- Inter-house sports competition; curling, dance, athletics and tennis
- Strictly Come Dancing
- Lacrosse enrichment in Yr3
- Swimming and lifesaving in Yr4
- Golf enrichment in Yr4
- Yr4 inter-school cross country

<p>Year 5</p>	<p>Games: Ball skills in games situations Invasion Games: •Football, Basketball, Netball</p> <p>Personal Fitness/Circuits</p> <p>Cross-Country</p>	<p>Dance</p> <p>Games: Fundamental Movement and Ball Skills •Tag games with/out ball •Rules and Teamwork</p> <p>Fencing</p>	<p>Games: Fundamental Bat and Ball Skills •Throwing, catching and fielding •Racquet skills Cricket, rounders, tennis</p> <p>Athletics: •Throwing catching, jumping, running (sprints/longer distances)</p> <p>Outdoor and adventurous activities •Tree climbing /den building / caving / mountain biking / canoeing / high ropes / abseiling /rock climbing / team building games / power fan</p>
<p>Year 6</p>	<p>Games: Ball skills in games situations •Invasion Games Football, Basketball, Netball</p> <p>Gymnastics (optional)</p> <p>Personal Fitness/Circuits</p> <p>Cross-Country</p> <p>Skipping Curling</p>	<p>Dance (optional)</p> <p>Games: Fundamental Movement and Ball Skills •Tag games with/out ball •Rules and Teamwork</p> <p>Fencing</p>	<p>Swimming •Open water sailing, rafting, canoeing</p> <p>Outdoor and adventurous activities •Team building / orienteering / archery</p> <p>Bat & Ball: rounders, Cricket, Golf</p> <p>Swimming – deep water</p> <p>Athletics •Throwing catching, jumping, running (sprints/longer distances)</p>

KS2 progression in skills, team play and independence, understanding of tactics and rules, and awareness of health and fitness and taking care of ones body.

Yr5 and 6 will have the opportunities to take part in:

- Inter-house sports competition; curling, tennis, dance, athletics and cross country
- Strictly Come Dancing
- Residential that will provide the opportunity for outdoor adventurous activities
- Opportunities to take part in inter-school competitions outside of the school grounds
- Represent the school in football league
- To swim in deep and open water